



# PATRIOT'S PRIDE

## FIRST COLONIAL HIGH SCHOOL

1272 Mill Dam Road  
Virginia Beach, Virginia 23454  
757-648-5300

OCTOBER 2008  
Volume 43, Issue 1  
Published by the FC PTSA

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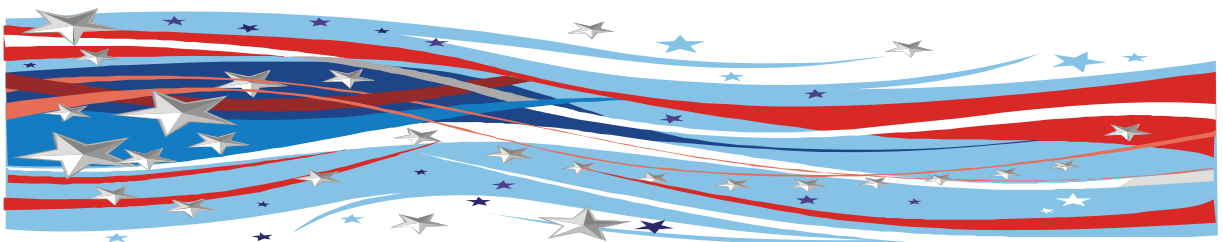
### NEWS FROM THE PRINCIPAL

Welcome to the 2008-2009 school year! I hope the summer season provided everyone with time to rest, reflect, and recharge for a new year. We are very pleased to begin the new year ranked as one of the top 1000 high schools in the nation. We continue to take pride in the many accomplishments of our students and staff. We appreciate the hard work, commitment and professionalism that are reflected in awards, honors, and championships. However, we remind ourselves each year is a fresh beginning with new challenges and opportunities to grow and strive for new levels of excellence.

Safety will be a primary focus as we continue to refine and enhance our emergency responses. We are pleased to announce that Virginia Beach City Public Schools is implementing a new parent notification system – AlertNow – with the start of the 2008-2009 school year. AlertNow is a powerful and convenient notification system that will allow the school division to send important information quickly to your phone and/or e-mail account about emergency situations such as school delays or cancellations. At the school level, it will allow us to remind you about various events and circumstances such as report card distribution, athletic events and special performances.

Finally, I would like to thank all of you that attended our open house. As we begin another school year together, we welcome and encourage your continued involvement and enthusiasm. Your unwavering support is the key to the success of our school. First Colonial High School is definitely the Best at the Beach!

Sincerely,  
Dale R. Holt  
Principal  
[Dale.Holt@VBSchools.com](mailto:Dale.Holt@VBSchools.com)



### MY SCHOOL MAIL



Subscribe to receive First Colonial weekly online news and the electronic PTSA Newsletter.

Go to <http://www.vbschools.com/xtra/myschoolmail.asp>

## PTSA PRESIDENT'S MESSAGE

Dear Patriots:

On behalf of the PTSA, welcome to the 2008 – 2009 school year. We wish everyone a safe and successful year.

This issue of our award-winning newsletter contains information on how parents and students can get involved at FC – Home of the Patriots. Building strong relationships between parents, teachers and students is the key to school success and your support is invaluable.

Thanks to the generous support of our members, the PTSA is able to provide many valuable programs and services for students and teachers. Scholarships, grants for curriculum and technology improvements, Gradfest, Reflections, Community Service Recognition, Citizenship Awards, and teacher and staff appreciation are a few of the programs that are funded by the PTSA.

Please help us continue to provide these great programs and services. Join the PTSA, volunteer when you can, become a Patriot Fund sponsor and support our amazing school.

If there is anything that the PTSA can do for you, please let me know.

Sincerely,  
Dianne Marzec  
PTSA President  
[dmarzec@cox.net](mailto:dmarzec@cox.net)

## PARENT TEACHER STUDENT ASSOCIATION (PTSA) GOALS 2008-2009

1. Partner with school to promote and increase **MySchool MAIL** subscriptions for access to school news and the Patriot Pride Newsletter.
2. Simplify and streamline teacher request for funding by implementing a Grant application form and process.
3. Increase PTSA membership.
4. Improve communication with students through SCA, class advisors and class officers.
5. Contribute up to \$1,000 in matching funds to the First Colonial High School PTSA Scholarship.

## PRINCIPLES OF AMERICAN CITIZENSHIP

The PTSA is proud to sponsor this unique student recognition program. Teachers will nominate outstanding students in the following categories: September – Responsibility, October – Diligence, November – Respect and December – Kindness.

## PTSA GENERAL MEMBERSHIP MEETING

A meeting of the PTSA general membership was held on September 16, 2008. The membership voted to approve the minutes to the last meeting, approve the goals, and adopt the audit and budget. Full minutes to the meeting are on the PTSA web page

## PTSA

The PTSA is a proud sponsor of Patriot Palooza, the school's summer orientation for freshman students.

## WHAT CAN YOU DO TO SUPPORT FIRST COLONIAL?

### 2008 – 2009 CHECK LIST

- \_\_\_ Student(s) joined PTSA (\$5)
- \_\_\_ Parent(s) joined PTSA (\$5)
- \_\_\_ Signed a Volunteers In Education Form
- \_\_\_ Bought FC Spirit wear
- \_\_\_ Became a Patriot Fund Sponsor
- \_\_\_ Signed the Safe Homes pledge
- \_\_\_ Signed up for the BJ's Wholesale Club fundraiser (ended September 29, 2008)
- \_\_\_ Subscribed to *MySchool MAIL* for school news
- \_\_\_ Donated to Gradfest
- \_\_\_ Volunteered for Gradfest
- \_\_\_ Donated to the PTSA Scholarship Fund
- \_\_\_ Student is participating in the Reflections Program "WOW..."
- \_\_\_ Student is participating in the Community Service Recognition Program

Forms and information on these PTSA programs are at the Greeter's Desk and on the PTSA page of the school's website at [www.firstcolonialhs.vbschools.com](http://www.firstcolonialhs.vbschools.com). Forms and checks can be mailed to school or dropped off in the main office.

## GUIDANCE

Guidance counselors are as follows:

Mary Craig                      Abidova-Covin  
Mary.craig@vbschools.com

Andrew Miller                      McClure-Sampson  
Andrew.miller@vbschools.com

Talesha Wagner                      Cowan-Hartin  
Talesha.wagner@vbschools.com

Jeanita Lawrence                      Samuels-Z  
Jeanita.lawrence@vbschools.com

Judith Mayes                      Hartm-McLean  
Judith.mayes@vbschools.com

Tamara Schubart                      LSA  
Tamara.shubart@vbschools.com

## CLINIC NEWS

It's hard to believe that the school year is well under way and that the holidays will soon be upon us. We've been busy in the clinic getting things in order and will soon be starting the 9<sup>th</sup> and 10<sup>th</sup> grade screenings.

Remember that students are NOT PERMITTED to carry medications. If your student has physician orders on file in the clinic – you must bring the medication to school - not the student.

FAMIS (Virginia's Health Insurance Program for Children) applications are available. Please contact the clinic if you have any questions or would like an application.

If your child is eligible for free or reduced lunch; he/she may be eligible for free/reduced dental care through the Virginia Beach Department of Public Health Dental Clinic. Contact us for additional details.

The Friends with Diabetes Support Group sponsored by the Virginia Beach City Public School Nurses has monthly meetings scheduled at Plaza Elementary School. The meetings are the fourth Monday of each month from 7:00 PM to 8:15PM.

Keep in mind that the nutritional content of foods served in the cafeteria are available online at [www.vbschools.com](http://www.vbschools.com) (click on lunch menus/food services).

Please keep the clinic updated with any health-related concerns about your child, as well as any new phone numbers. You can reach us at 648-5307 or 648-5308.

\*\*Also, the clinic could use donations of tee shirts and sweatshirts/sweatpants that are in good condition and that are appropriate to be worn in school.

Jennifer Knowlton, RN at [jennifer.knowlton@vbschools.com](mailto:jennifer.knowlton@vbschools.com) or  
Annie Browder, LPN at [annie.browder@vbschools.com](mailto:annie.browder@vbschools.com) and 648-5307 or 648-5308.

## LIBRARY MEDIA CENTER – ONLINE RESOURCES

The Library Media Center has many online resources available to your FCHS student 24 hours a day, 7 days a week on the FCHS Library Sharepoint site: <http://studentportal.vbschools.com/sites/HFC/LMC>. (See below for login information.) In addition to our many online databases, which are named below, you will find the Student Handbook for Research, information about our new Student Book Club, and many other resources.

Also, we are currently developing a wikispace site at <http://fchslibrary.wikispaces.com>, as well as a blog site at <http://fchslibrary.21classes.com>. Check us out!

### Online Databases By Topic:

**To access the databases from school**, double-click on the Destiny icon on the desktop. Links to all of the databases can be found on the Destiny home page.

**To access the databases from home**,

Go to the Library Sharepoint site (<http://studentportal.vbschools.com/sites/HFC/LMC>).

Username is your student ID # @vbstudents (**example**: 12345@vbstudents).

Password is your usual network password. Click on the database that you want.

If you are asked for a username and password for a particular database, use those that are listed on the Library Sharepoint page right on the link.

Topic	Database Title
Controversial Issues	Gale's Opposing Viewpoints SIRS Pro vs. Con Pro and Con ABC-Clio's Issues
People (Biographies)	Gale's Biography Resource Center
History	ABC-Clio Gale's Student Resource Center Silver SIRS Decades History Study Center
Government	ABC-Clio's American Government
Science	eLibrary Science Gale's Health and Wellness
Literature and Authors	Proquest Learning: Literature
Health	Gale's Health and Wellness
Countries	Culturegrams ABC-Clio's World Geography SIRS
Law	Pro vs. Con Lexis-Nexis
Education (Teaching)	Proquest Platinum: Education Periodicals
Current Newspaper, Magazine and Scholarly Journal Articles	Proquest Platinum
Videos (and Images)	Unitedstreaming Many other databases
General topics	Gale's Student Resource Center Silver

Jennifer Kelly at [Jennifer.Kelly@VBSchools.com](mailto:Jennifer.Kelly@VBSchools.com)

## **BUS LOOP INFORMATION**

Please do not park in the bus loop from 6:30 a.m. - 7:20 a.m. and 1:10 p.m. - 2:10 p.m. TOWING ENFORCED! We have 50 buses accessing this loop everyday NEVER enter the bus loop if a bus is dropping off students; this is to ensure the safety of our students.

Student drop off is on the student parking lot side. Parents should not drop students off behind the cafeteria. This is very dangerous due to staff pulling into the lot and buses pulling out of the lot.

Kathryn Brooks at [Kathryn.Brooks3@VBSchools.com](mailto:Kathryn.Brooks3@VBSchools.com)

## STUDENT ACTIVITIES OFFICE

The student parking lot is currently sold out. Our annual "seniors only" lottery was held on Wednesday, August 20<sup>th</sup> @ 9:00 a.m. and all of the available slots (233) were taken by seniors that attended the lottery. Please remember that parking lot checks are done virtually every day and any and all vehicles parked in the student lot must display a current 2008-2009 parking decal. If you have a decal and must drive an alternate vehicle, please see Mrs. Godfrey in the Student Activities Office for a temporary decal.

### **JUNIORS...MARK YOUR CALENDARS!!**

The lottery date for the 2009-2010 school year is **AUGUST 18, 2008** @ 9:00 a.m. in the FCHS gymnasium. **YOU MUST ATTEND IN ORDER TO PARTICIPATE IN THE LOTTERY!** The lottery is the only means available for the distribution of student parking decals.

Winter Sports will begin November 10<sup>th</sup>. If you are interested in trying out for a winter sport, please contact the following coaches:

Basketball (B)	Mark Butts	<a href="mailto:mebutts@vbschools.com">mebutts@vbschools.com</a>
Basketball (G)	Ryan Schubart	<a href="mailto:rcschuba@vbschools.com">rcschuba@vbschools.com</a> or <a href="mailto:cdooren@adstactical.com">cdooren@adstactical.com</a>
Wrestling	William Stravino	<a href="mailto:wrstravi@vbschools.com">wrstravi@vbschools.com</a>
Track	Ja'ton Hines or Ben Kaminski	<a href="mailto:jlhines@vbschools.com">jlhines@vbschools.com</a> or <a href="mailto:bskamins@vbschools.com">bskamins@vbschools.com</a>
Gymnastics	Gina Taylor	<a href="mailto:gdjackso@vbschools.com">gdjackso@vbschools.com</a>
Swim/Dive	Kim McCanna	<a href="mailto:kamccann@vbschools.com">kamccann@vbschools.com</a>

Hollie Godfrey at [Hollie.Godfrey@vbschools.com](mailto:Hollie.Godfrey@vbschools.com)

## YEARBOOK NEWS – THE HERITAGE

Do you want to show special recognition to your student? Purchase an ad space or an "Ads for Grads" space in the yearbook. Contact any staff member or Mrs. Bone in room 111 or email [wbbone@vbschools.com](mailto:wbbone@vbschools.com) or call at 648-5300 x57451.

2009 Yearbook: By mid to late October, all FC households should receive order forms for the 2009 yearbook. If you do not receive your form by late October, please call Mrs. Bone. Remember to order early!

Senior parents: be sure to send in one of your student's baby or young child pictures. We will scan it and hand it right back. If you'd like to email it to Mrs. Bone, please be sure the photo is in JPEG format and at least 300 dpi.

Pictures: Ninth Graders! Be on the Freshman collage. Give us photos of you and your friends. 10th, 11th, & 12th Graders! We need your photos for your section collages as well. Summer Fun & Travel pictures may be turned in now.

Wendy Bone at [wbbone@vbschools.com](mailto:wbbone@vbschools.com)

## NATIONAL HONOR SOCIETY

The National Honor Society will be selecting new members from the junior and senior classes. The NHS is an organization that recognizes scholarship, leadership, service, and high standards of character in the student body. Honor Society members are inducted into the society during an assembly. The induction ceremony will be held on February 11, 2009 in the First Colonial Auditorium. Membership is an indication to both the school and community of being an outstanding individual.

A student will be considered eligible if he/she is:

1. A junior or senior with a minimum of a 3.3 cumulative grade point average grades 9 through the present year.
2. Enrolled in or has completed at least four of the following academic courses:
  - Honors English 10, 11, 12
  - Foreign Language 3, 4, 5
  - Chemistry
  - Physics
  - Algebra 2 and Trigonometry
  - Math Analysis
  - Any A.P. Course
3. Displaying evidence of school and/or community leadership.
4. Displaying evidence of good character (including no honor code violations).
5. Displaying evidence of active participation in school and/or community activities.

Members must be willing to attend all regular NHS meetings and must maintain the standards of scholarship, service, and character by which they were selected. They must participate in various club projects such as carnation sales, the blood drive, tutoring, recognition board, and community service. If you feel that you are qualified and are interested in being considered for this honor, please complete the student information form and return it to room 407, **NO LATER THAN 2:30, FRIDAY, OCTOBER 17**. Since the selection committee will review your folder, please make sure that the information it contains is up to date. Letters of intent are available in the Main Office, Library, Guidance, at the Greeter's Desk, Mr. Spruill's room 106, and/or Mrs. Spruill's room 407.

Larry Spruill @ [Lawrence.spruill@vbschools.com](mailto:Lawrence.spruill@vbschools.com) or  
Heather Spruill @ [Heather.spruill@vbschools.com](mailto:Heather.spruill@vbschools.com)

## FUTURE BUSINESS LEADERS OF AMERICA

JOIN FBLA and "Get the Edge" "Get the Edge" is our theme for Future Business Leaders of America 2008-2009. This year we encourage all students to join this co-curricular organization. We have several exciting activities planned for the year; which include Virginia Diner, Angel Tree, canned food drive, Project ASK, and the March of Dimes. We will also be competing in FBLA Competitions and attending conferences throughout the year. To learn more about FBLA, ask an officer or talk to one of the business teachers. Get involved and join today!

As you sign up for classes next year, get Microsoft Certified and take Computer Info Systems or take apart a computer in Info Tech Fundamentals. Watch your virtual business grow in Virtual Enterprise, or just learn to type by "touch" in Keyboarding.

For more information on FBLA or our business classes, feel free to contact the Business Department at 648-5300, Extension 57437, or talk to your counselor today!

Janet Kreider at [Janet.Kreider@VBSchools.com](mailto:Janet.Kreider@VBSchools.com)

## GIFTED EDUCATION PROGRAM

Welcome back returning students and new ninth grade students! As FC's Gifted Education resource teacher, I look forward to a fabulous year! First Colonial has quite an active gifted program, with over 300 identified gifted students, 28 of whom also attend the prestigious *Governor's School for the Arts* at Old Dominion University daily. The Gifted and Talented Program strives to offer support to all identified gifted students. The Gifted Resource Room (219) provides identified gifted students a place to study, conduct research, and to meet with me for specific concerns relating to courses, colleges, and academic programs. It also has two computers, ten wireless laptop computers (all with Microsoft Office, Internet access and a laser printer) as well as computer programs to help students prepare for the SAT/PSAT, Calculus, and Chemistry. A library stocked with books about colleges and majors is also available to students.

Applications for the 2009 *Summer Residential Governors Schools* will be available at the end of September. These all-expenses-paid programs provide gifted high school rising juniors and seniors with intensive educational experiences in visual and performing arts; humanities; mathematics, science, and technology; medicine and life science; or through mentor-ships in marine science or engineering. Any parent interested in having his/her child tested for the **academic program** should contact me for information. **Our scheduled testing dates are: October 20<sup>th</sup>, December 8<sup>th</sup>, and May 18<sup>h</sup>.** All parts of the application, including teacher checklists, must be sent to the testing department at least ten days prior the scheduled testing. Students interested in the **artistic program** must first audition at the city level. Virginia Beach city-wide auditions are scheduled the last two weeks of October. Sophomore or juniors interested in attending one of these programs should see me ASAP. **Applications must first go through FC to the Virginia Beach selection committee prior to being sent on to the state.**

Our Gifted Advisory Board (GAB), an after-school club, will continue to meet the first Wednesday of each month to make suggestions for gifted program activities, such as field trips and community service activities. Please encourage your child to get involved with GAB! We already have begun planning our Gifted Freshmen Celebration which will take place on October 16<sup>th</sup> in the FC Library, as well as numerous other activities. Our first meeting will be held on Wednesday, October 1<sup>st</sup> in Room 219 from 2:05 to 2:35.

I am here as a resource for both you and your child and look forward to working with both of you to make this an exciting school year!

Angela Boubouheropoulos at [Angela.Boubouheropoulos@VBSchools.com](mailto:Angela.Boubouheropoulos@VBSchools.com)

## REFLECTIONS – "WOW"

First Colonial High School is brimming with talented students and the PTSA is looking for Reflections entries! The theme for the nationwide contest this year is: "WOW!" The categories are: Visual Arts, Literature, Photography, Musical Composition, Film/Video, and Dance Choreography. CASH PRIZES are awarded for first, second and third place winners at FC in each category!!! First place winners move on to city wide competition, then possibly to state and national competition. Last year we had city wide winners in Photography and Film/Video. Get recognized for your talent! Entry forms are available in the Library or on line, on the PTSA page of the FC website. Guidelines for each category are available in the library. Entries are to be turned in to the main office. **THE DEADLINE IS FRIDAY, OCTOBER 24, 2008.**

Contact Debbie Nunez at 498-7015 or Diane Yates at 486-0246.

## PATRIOT SINGERS

All Choral students have begun selling ad space for this year's program ad book. Your ad will be featured at every concert and seen by hundreds and will help support our students in their efforts. If you are interested, please contact Mrs. Bone @ 648-5300 X 57451 or email her @ [wbbone@vbschools.com](mailto:wbbone@vbschools.com)

Artwork may be submitted on DC or as hard copy.  
Prices are as follows:

Business card size	\$35
¼ page	\$75
½ page	\$125
Full page	\$200
Inside Front Cover	\$250
Inside Back Cover	\$200

\*cover ads are on 1<sup>st</sup> come basis

- District Chorus auditions are on Saturday, November 1<sup>st</sup>.
- Our first in-school concert will be on December 5 @ 7:00 pm.
- **In January we will travel to D.C. to perform and attend the Presidential Inauguration.**

Wendy Bone at [wbbone@vbschools.com](mailto:wbbone@vbschools.com)

## CREW CLUB

Starting off with a good turnout this school year, the FC Crew Club, the rowing team, is back for fall season and looking for new rowers and coxswains!! Our first regatta is on October 4th at Broad Bay. We look forward to a great season and hope to see new and old faces supporting the FC Crew Club. Please see our sponsor, Ms. Kenison, in room 216 for any information.

Angela Damergis - FC Crew Student Secretary of '08-'09

## COMMUNITY SERVICE

What is the First Colonial High School Community Service Recognition Program? Each school year, the PTSA recognizes students who have volunteered in his or her community.

How do I get recognized? Pick up a Community Service Recognition Form in the guidance office, Legal Studies Academy office or on the FC website under "PTSA," [http://www.firstcolonialhs.vbschools.com/ptsa\\_commserv\\_2008-09\\_app.doc](http://www.firstcolonialhs.vbschools.com/ptsa_commserv_2008-09_app.doc)

Complete your portion of the form, have your volunteer hours verified by a supervisor on the bottom part of the form. Return completed form to Guidance or LSA office by May 1, 2009.

Important Information: To qualify for recognition, students must complete a minimum of 15 volunteer hours between May 1, 2008 and May 1, 2009. Volunteer hours served as part of school clubs and classes count. Awards will be presented in late May during Social Studies classes. Students with 100 or more hours will also qualify for the President's Volunteer Service Award and will be recognized in a school assembly at the end of the year.

Remember: Time is your most valuable gift!

Contact Mrs. Focke at 496-9377 or [butler496@aol.com](mailto:butler496@aol.com) or  
Mrs. Goode at 481-2564 or [elgoode1@cox.net](mailto:elgoode1@cox.net)

## GRADFEST 2009 – “Dream a Dream... Your Very Own Dream”

Gradfest is a city-wide program that is held the night of graduation to give the Seniors a safe, alcohol/drug-free celebration. June seems like a long way off, but this incredible party requires a lot of planning, volunteers and money. All grade levels are encouraged to help – after all it is First Colonial’s send-off gift to the Class of 2009 – it is meant to be a school wide effort. Volunteering is a great way for you to get your “feet wet” if you have not volunteered with the PTSA before.

If you would like to help and/or would like to make a donation please fill out the form below. If you have questions please contact one of the chairpersons below.

- I would like to volunteer on one of the Gradfest committees  
 I would like to work Gradfest night  
 I am interested in Sponsorships or can donate goods (food or prizes)  
 Enclosed is my personal tax deductible donation

Please make checks payable to “FC PTSA” – put Gradfest in the memo line.  
Mail to: GRADFEST, 3209 High Borough Court, Virginia Beach, VA 23452

Name \_\_\_\_\_ Email \_\_\_\_\_

Phone \_\_\_\_\_ Student \_\_\_\_\_ Grade \_\_\_\_\_

Nancy Dail at [ndail@cox.net](mailto:ndail@cox.net) or 631-7573  
Jennifer Nopper at [jmimnops1@cox.net](mailto:jmimnops1@cox.net) or 431-0265

### ADDITIONAL GRADFEST INFORMATION

The Gradfest fundraising committee is off to a great start. We're busy collecting business names and addresses to ask for their support. With a budget of \$20,000, there's lots of work to do. Anyone interested in helping in these efforts can contact Rebecca Wood at [rbwood001@aol.com](mailto:rbwood001@aol.com). If you would like to make a donation to help make this year's Gradfest a success, please mail your check (payable to “FC PTSA”) to Debbie Folmer 1780 Templeton Lane 23454. Gradfest is June 19.

Rebecca Wood at [rbwood001@aol.com](mailto:rbwood001@aol.com)

### WORK EXPERIENCE PROGRAM

The Work Experience Program at FC is off to a great start with new work sites and exciting plans for the 2008-2009 school year. Our work sites include Howard Johnson oceanfront, Sentara Virginia Beach hospital, Kroger at Hilltop, Perky Patriots coffee shop, First Colonial's café, and First Colonial general services. The program provides realistic vocational exploration and training for students with disabilities. Although not paid, students learn valuable work skills that enhance future employment opportunities. This program also develops partnerships between the community and the school system. Please support the businesses that support First Colonial. Please contact me if you have a disabled student in grades 10 through 12 that is interested in this program.

Mrs. Ziemba at [mcathy.ziemba@vbschools.com](mailto:mcathy.ziemba@vbschools.com)

## CLASS OF 2009

### Important Dates:

October 7, 2008	Class of 2009 Fundraiser @ Tropical Smoothie Cafe @ Marina Shores	2865 Lynnhaven Drive, Suite B-1; Virginia Beach, VA 23451; (757) 965-6965	3:00 p.m. to 10:00 p.m.
May 29, 2009	Class of 2009 Day	FCHS Auditorium & Stadium	7:30 a.m. to 11:00 a.m.
May 30, 2009	Class of 2009 Prom	Oceanfront Hilton; 31 <sup>st</sup> and Atlantic Ave.	8:00 p.m. to 12:00 a.m.
June 19, 2009	Class of 2009 Graduation Ceremony	Virginia Beach Convention Center; 19 <sup>th</sup> Street and Parks Ave.	6:30 p.m.

### Class of 2009 Officers:

Richard P.	President
Kenyatta T.	1 <sup>st</sup> Vice President
Dillon M.	2 <sup>nd</sup> Vice President
Ashley A.	Secretary
Jessica N.	Treasurer
Gabby P.	Reporter/Historian

### Class of 2009 Executive Council (Committee Chairs):

Tara M.	Prom
Kevin S.	Homecoming
Alexandria J.	Graduation & Gradfest
Sami F.	Spirit & Publicity
Sam K.	Graphics and A/V
Jasmine H.	Senior Sillies
Hillary W.	Slugfest & Putt-Putt
Zach R. & Alex C.	Restaurant Nights and Carwash

### Reminders:

- ❖ Seniors, please be sure to buckle-up when in the student parking lot at FCHS. Also, be sure your cell phones are not in use when in the student parking lot at FCHS.
- ❖ Be sure to get on the Senior Student Email list. Please email [Mr. Bennett](mailto:Mr.Bennett) with your email address and the request to be added to the Senior Student Email list. Parents, please email me so I can add you to the Senior Parent Email list.
- ❖ Please be sure to check the Link to [Senior Class](#) on the [First Colonial HS](#) website for any upcoming events in the months of October and November.

## **SPIRIT TREE**

To show our appreciation to all of our wonderful teachers for all of their hard work and dedication to our children, we will once again have the PTSA Spirit Tree displayed in the main office from December 1 thru December 19. Please visit the Spirit Tree to see what small item under \$10.00 your child's teacher is wishing for.

Cindy MacConnell at [431-2489](tel:431-2489)

## **VOLUNTEERS IN EDUCATION CORNER**

Parents were busy volunteering in September with hall monitoring for Stanford 10's, open house, and homecoming court nominations/voting. Thank you all so much. FC VIE's are the greatest! There will be more opportunities to serve Oct. 5-10 selling Homecoming Dance tickets. If you would like to be a "Volunteer In Education" please contact:

Deb Oelberg at [doelberg@cox.net](mailto:doelberg@cox.net)

## **BREAKFAST OF CHAMPIONS THANK-YOU!!**

Thanks to all the volunteers who helped the Hospitality Committee with the Faculty & Staff back-to-school breakfast. Thanks to Betsy Goode, Cindy Summy, Dianne Marzec, Amy Robinson, Carole Sharpe, Cindy Focke, Deb Oelberg, Sue Budorick, Fay Green, Joane Walker, Cindy MacConnell, Joan Pleasants, Cindy Black, and Margaret Derrick for helping with the food. Thanks to Dianne Marzec, Deb Oelberg, Christine Laukaitis and Perrin and Morgan Duvall for helping with the decorating. And a big thanks to those who helped serve and clean-up; Mary and Morgan Ryder, Jo Bloomquist, Cindy Focke, Amy, Molly and Kelly Robinson, Perrin and Morgan Duvall, and Dianne Marzec. Your time and contributions are very much appreciated!

Paula Laukaitis and Donna Duvall at [donnaiduvall@hotmail.com](mailto:donnaiduvall@hotmail.com)

## **THANK-YOU**

We would like to thank NorthEnd Pizza, VB Nails and Stoleys for donations to staff appreciation events. Your generosity helps to make our wonderful FC staff feel appreciated!!

Mary Ryder at [teamryder@verizon.net](mailto:teamryder@verizon.net)

## **PTSA TEACHER-STAFF APPRECIATION COMMITTEE**

The PTSA Teacher-Staff Appreciation Committee seeks donations of restaurant, movie, sports events and retail outlet coupons and/or gift cards of any amount to be used to honor and recognize our great teachers and staff at First Colonial High School. This PTSA committee works hard to recognize all faculty, staff and support folks at FC. That's almost 300 people! We can use your help!! Thanks for your support of the PTSA and FCHS!! You make a Difference!!!

To contribute, please contact Kim Timms at [ktimms@vanblk.com](mailto:ktimms@vanblk.com)

## PTSA USED BOOK SALE

### CLEAN OUT YOUR SHELVES & CLOSETS FOR A GREAT CAUSE

**Friday, January 30, 2 p.m. - 6 p.m.**  
**Saturday, January 31, 9 a.m. - 2 p.m.**  
**Special Staff & Student-Only Hours Thursday, January 29!**  
**First Colonial High School Cafeteria**

Get clean, go green and make the scene! Rid your book shelves and cabinets of your gently-used, unwanted books, DVDs, CDs and video and computer games by donating them to the FC Book Sale. There will be a donation bin at each of the businesses listed below November 8 – January 24. It's a great way to recycle. We'll turn your unwanted items into cash to fund the PTSA's drug-free, alcohol-free Gradfest celebration! Then tell all your friends about the sale and be sure to come and take home **bargain-priced treasures by best-selling authors**. You won't believe the selection, and you won't believe the prices! **Most items are just 50¢ - \$1.00!** There's something for everyone including best-selling novels, children's books and movies, reference materials, music CDs, and more! It's also a great source for cheap materials for scrap-booking, crafts and school projects.

Many thanks to our book sale sponsors who have generously allowed us to accept donations through their businesses:

**Cape Henry General Merchandise**  
**First Colonial High School Foyer**  
**Great Neck Public Library**  
**Harris Teeter, Virginia Beach Blvd.**  
*(near Sam's Club)*  
**Kroger, 3330 Virginia Beach Blvd.**  
*(next to Home Depot)*  
**My Gym at Hilltop**  
**Physiotherapy Assoc.**  
*Birchwood Shopping Center*  
**Virginia Beach Resort & Conference Center**

If you'd like to volunteer, we'd love to have your help! Thanks for your support!

Kathy Parent, 498-9460, [imhparent@aol.com](mailto:imhparent@aol.com) or  
Tracy Kunzler, 412-0932, [thekunzlers@cox.net](mailto:thekunzlers@cox.net)

## ACCESS

Since 1998 we've helped over 50,000 students go to college. Visit the ACCESS Advisor at First Colonial High School so she can help you plan, prepare for, and attend college.

Kelley Weathersby is available at First Colonial High School Wednesday, Thursday, and Friday from 7:30 AM to 3:00 PM.

Kelley Weathersby at [kweathersby@accesscollege.org](mailto:kweathersby@accesscollege.org) or  
757.648.5650, ext. 57156



## **FC SUPPORT OPPORTUNITIES**

### **Harris Teeter Together In Education**

It is that time of year - time to remind all the parents, teachers, alumni and supporters of First Colonial to **Re-Link** their Harris Teeter VIC card to First Colonial. First Colonial's number is 5739. The Harris Teeter website has tons of information about the 2008-2009 Together In Education promotions. For complete details, please visit [www.harristeeter.com](http://www.harristeeter.com)

### **Farm Fresh Receipts 123-4 The Community**

Help First Colonial earn free school equipment such as computers, books, audiovisual, software and more with the Farm Fresh 123-4 The Community Program. Please place your Farm Fresh receipts in the box in the main office or in Heather Spruill's mailbox. Please feel free to contact Heather Spruill at 648-5300 ext. 57543 if you have any questions.

### **First Colonial High School Partners in Education**

We would like to thank all of our Partners in Education for their continued support the past school year. If you are interested in becoming a Partner with First Colonial, please contact Heather Spruill at 648-5300 ext. 57543.

17<sup>th</sup> Street Surf Shop  
Bullock and Cooper – Attorneys at Law\*  
Cox & Cox Attorneys\*  
Federal Bureau of Investigations\*  
First Colonial PTSA  
Gay & Cipriano, P.C.\*  
Jostens  
The Purple Cow  
Q'doba Mexican Grill  
Signature Printing and Graphics  
Subway at Great Neck  
United States Navy JAG Corps\*  
USS Bataan  
Virginia Beach Bar Association\*  
Virginia Beach Courts\*  
Virginia Beach Police Department\*  
Virginia Beach Sheriff's Department\*  
Virginia Symphony Orchestra  
Wahab Law Library\*  
Willcox and Savage\*  
\* denotes Legal Studies Academy partners

Heather Spruill at [Heather.Spruill@VBSchools.com](mailto:Heather.Spruill@VBSchools.com)

## PTSA LINKS TO THE FIRST COLONIAL WEBSITE

[www.firstcolonialhs.vbschools.com/ptsa.htm](http://www.firstcolonialhs.vbschools.com/ptsa.htm)

[2008-2009 PTSA Membership Form](#) – Please support FC and join the PTSA.

[Safe Homes](#) – Families in this program agree to: Set a good example for our children, actively supervise student parties or gatherings in the home, and require all student guests to stay on the premise. Families also agree to not allow parties or gatherings to take place in their home when no adult is present nor permit the use of alcohol or drugs by school-age children in their home or on their property.

### [PTSA Spiritwear Order Form](#) - **GREAT NEW FCHS SPIRITWEAR ITEMS FOR SALE!**

Our newly designed FCHS sweatshirts (hooded zip-up and pullover), t-shirts (long sleeve and short sleeve) and sweatpants are now available for sale. Don't miss your chance to get into the FCHS "spirit"! Items will be available for sale most Fridays from 10-1 in front of the cafeteria, home football games, and more. If you haven't connected, please feel free to contact Sue Budorick at 481-0897 or [budclub2@cox.net](mailto:budclub2@cox.net) with any questions or concerns. Print out the order form and send with payment. This is a fall fundraiser—don't miss your chance to own this year's design.

[Community Service Recognition Program Form](#) - PTSA recognizes students who volunteer in the community.

[First Colonial Volunteers in Education](#) – Form to sign up to volunteer at FC.

### [Patriot Fund Sponsorship Form](#) - SPONSORS NEEDED FOR 2008-09!

We are now recruiting BUSINESS and FAMILY SPONSORS for the FCHS PATRIOT FUND! This fund will help support the many PTSA programs and activities that benefit our students and staff at First Colonial, including, but not limited to funding for INSTRUCTIONAL TECHNOLOGY, new school improvements and programs, scholarships, teacher and staff appreciation programs, community service programs, various cultural enrichment plans, and much more! Through a one time TAX DEDUCTIBLE donation, your business' or family name will appear in all of the FCHS PTSA's new online newsletters, but more importantly, you will be a valuable supporter of quality education at First Colonial High School! You can choose at what level you wish to participate—just remember, a \$25 donation (or more) per student can make a huge difference!! If you have any questions, please email Sue Budorick ([budclub2@cox.net](mailto:budclub2@cox.net)). All donations are appreciated!



## PTSA SAFE HOMES PROGRAM

The following First Colonial families have agreed to:

- **Set a good example for our children.**
- **Actively supervise student parties or gatherings in our home, and require all student guests to stay on the premises.**
- **Not allow parties or gatherings to take place at our home when no adult is present.**
- **Not permit the use of alcohol or drugs by school-age children in our home or on our property.**

Therese A. Adams  
Andrea & Chris Andersen  
Emily & Richard Balke  
Nancy & Michael Barbachem  
Dione Barnes  
Jerry & Norma Bass  
Andrea & Alex Bell  
G & J Bennis  
Cindy & Jeff Black  
Katy & Dennis Blough  
Bob & Amy Boyd  
Bill & Millie Byrd  
Todd & Sherry Cannon  
Jennie & Nelva Capps  
Cathy & John Carpenter  
Ramona Colamarco  
Rusty Cook & Martha Fernandez  
Joann & Mark Coavette  
Kimberly & Al Craft  
Gary & Leslie Deal  
Mark & Kerstin Devlin  
Cameron & Susanne Dye  
Dani & Pete Fernandez  
Therese & Joel Fink  
Michael & Susan Gillis  
Edward & Stephanie Gordon  
Shelly Grabinsky  
Marian & Allen Grissinger  
Marlan E. Hare III & Arlene U. Hare  
Karen & Lee Hart  
Beth & Jeff Hebenstreit  
Pete & Brenda Hogge  
Ray & Debbie Ives  
Howard & Judy Jones

Mark & Grace Jones  
Barbara & Doug Kahle  
Joe & Nikki Kelsick  
Linda & Ray Lind  
Mark & Roxanne Lottinville  
Lee Maizel  
Dianne & Bill Marzec  
Valerie McAleeman  
Paul & Susie Miller  
Jennifer & Marty Nopper  
Ross & Chris Pate  
Richard & Catherine Prutsman  
Nancy & Bobby Reckling  
Greg & Katie Reilly  
Chris & Jim Ritter  
Sharon K. Ryan  
Steve & Chris Sabo  
Mitch & Lisa Saks  
Kirsten Saucier & Ken Van de Waler  
Steve & Trasea Sayers  
Matthew & Carole Sharpe  
Doug & Melissa Swanson  
Paul & Sherry Szejc  
Jean & Kern Taliaferro  
Robert & Lynn Teufel  
Rosemary & Bill Vance  
Debi & Glenn Wacker  
Cathy & Ken Walsh  
Donna & Scott Wilhoit  
Jack & Holly Wilson  
Kurt & Christine Worrell  
Keith & Evelyn Zirkle

**Join Safe Homes by downloading form at:**

[http://www.firstcolonialhs.vbschools.com/ptsa\\_SafeHomes.doc](http://www.firstcolonialhs.vbschools.com/ptsa_SafeHomes.doc)

Contact Cindy MacConnell at [MACPACK336@aol.com](mailto:MACPACK336@aol.com)

## **PTSA PATRIOT FUND SPONSORS**

**SINCEREST THANKS TO OUR  
2008-09 FIRST COLONIAL PTSA PATRIOT FUND SPONSORS!**

### **BUSINESS SPONSORS**

Capps Boatworks  
Light Source Marketing  
Nunez Fine Jewelers  
Sequel, Inc.  
Quality Enterprises USA, Inc.

### **PLATINUM FAMILY SPONSORS**

The Budorick Family  
Martha Fernandez and Rusty Cook  
The Murrell Family  
The Oelberg Family  
The Parent Family  
The Pate Family  
The Ritter Family  
The Robinson Family  
The Swanson Family  
The Teufel Family  
The Vance Family

### **GOLD FAMILY SPONSORS**

The Barbachem Family  
Cindy and Jeff Black  
Boe and Ulrickson  
Cathy, John, and David Carpenter  
The Cheney and Fitzgerald Family  
The Crain Family  
The Cameron Dye Family  
The Hanley Family  
The Hoke Family  
The Horth Family  
The Lind Family  
The Martin Nopper Family  
The Nunez Family  
The Paul Family  
The Reckling Family  
Ryan, Kevin, Chris and Steve Sabo  
The Taylor Family  
Rick and Marie Valente  
Taylor, Ginger, and Hillary Wootten  
The Worrell Family  
William Vance Family

### **SILVER FAMILY SPONSORS**

The Boyd Family  
Kim and Al Craft & Family  
Maria Elsa A. Dimaranan  
Bill and Jerilyn Hadley  
Kinzey-Grissinger  
Bill and Dianne Marzec  
The Mirra Family  
The Saks Family (Mitch and Lisa)  
The Scott Family  
Siemens  
Dr. and Mrs. Paul Wenzel  
The Wilson Family

Please consider joining our generous PATRIOT FUND SPONSORS with your tax-deductible contribution! We need you! Please see PATRIOT FUND SPONSOR FORM (which follows) for details!